



Mr. Frederick Arthur Frost

September 28, 1944 - February 25, 2021

Frederick (Fred)Arthur Frost ,a long time resident of Mobile, Ala passed away peacefully after a long battle with Alzheimer's.

He was born Sept. 28, 1944 age 76 to Arnold (Jack) Leroy Frost, and Frances Ewina Frost.

Frederick attended Kindley High-School in Bermuda.

Also, he was an active member of the National Guard for 7 years.

He was an Independent Insurance Adjuster for many years. Frederick was known for his funny personality and his many adventurous stories.

He was loved by many, and had a lot of friends and family.

He is survived by his long-time love Gwen Mathews, of 36 years, sons Christopher (Heather) Frost, Ryan (Anna) Frost ,Step daughter Kimberly Miller, Sister Jacqueline Frost , Brother Ernest (Charlene) Frost. And 7 grandchildren Heather (Greg) Barnhill, Rachel Miller, Lochlann Frost, Olivia Frost, Sofia Frost Laney Frost, Ty Frost and 2 great grandchildren, Landon Barnhill and Aiden Barnhill and a host of nieces and nephews.

In lieu of flowers, the family ask if you would like to donate to the Alzheimer's Association.

Bob Barr is officiating.

Previous Events

Memorial Service

MAR 6. 4:00 PM - 6:00 PM (CT)

Cottage Hill Memorial Funeral Home
7158 Cottage Hill Road
Mobile, AL 36695
(251) 380-6601

Tribute Wall

PL

“ Our sincerest sympathy to Gwen and Ernie and all the family members of Fred. I can tell the years have just flown by and looking back it doesn't seem that long ago that we saw Fred here at the house or that Gwen and I worked together. Both Doug and I wish you all well and we will both remember the good memories. We are thinking of you all.

Love, Pat and Doug Lytle

Pat Lytle - March 06, 2021 at 11:07 AM

BK

I remember when Gwen, Fred, and I spent time in Gulf Shores at the Beach house. What great times. Prayers. Bill Kilborn

Bill Kilborn - March 09, 2022 at 04:56 PM



“ Beautiful in Blue was purchased for the family of Mr. Frederick Arthur Frost.



March 02, 2021 at 10:38 PM